

Dinuba Senior Citizen's Center



437 N. Eaton Ave, Dinuba 591-2450



Newsletter - June 2024

Hello June,

In the month of May there were many fun and interactive activities offered. One special event this month was a Mother's Day Party. This event was a success with music, games, and raffle prizes. Thank you Dinuba Senior Center Inc. Board and Vineyards at Fowler for your sponsorship. The center also celebrated May birthdays, Manicure Mondays, DIY Wind chimes, Paint Party and had a DIY craft workshop hosted by the Dinuba Library.

Mark your calendars for two events coming up! On **Thursday, June 13th**, The center will be hosting a Father's Day Party and on **Tuesday, July 2nd**, The center will be hosting an Independence Day Celebration. Preorder a holiday lunch if you do not already have a prepaid lunch. The Dinuba Senior Center Inc. will have raffle tickets for sale on both events. Tickets are \$1 each or 6 for \$5. Must be present to win.

Who ready for another Trip? Enjoy a much cooler day on the coast with a trip to Monterey. The center is taking sign-ups for our Monterey Trip on Wednesday, July 31st, 2024. \$35 per person. If you receive SNAP, Supplemental Nutrition Assistance Program, you may qualify for free entry access to the Monterey Bay Aquarium. Refer to flyer for more information. **Space is limited, reserve your seat today!**

Important Notice, as of July 1st, 2024, the senior meals will have an increase in price. Senior meals will now cost \$2.00 per meal.

There is lots to look forward to in June, come by the center and check out the activity calendar.

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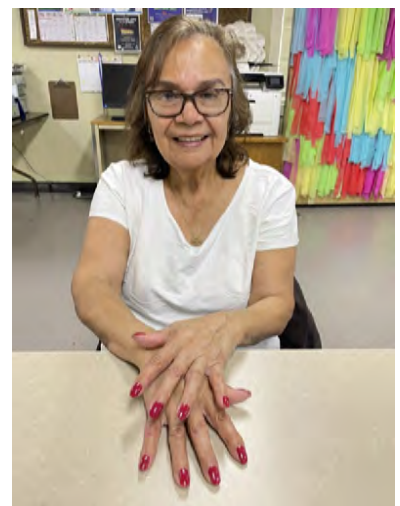
Mother's Day Party



Mother's Day Party



Manicure Monday



DIY Wind Chimes Craft



Senior Paint Party

Sponsored by Dinuba Senior Citizens Inc.



DIY Button Craft

Sponsored by the Dinuba Library.



Cinco De Mayo



SENIOR OF THE MONTH



Marsha Rojas

Marsha is June Senior of the Month. Marsha is such a joy to have at the Senior Center. You will always find Marsha with a smile on her face! Seniors describe Marsha as kind, funny, charismatic, and helpful. Thank you Marsha for being a part of the Senior Center.

June

Dineba Senior Center

MENUS SUBJECT TO CHANGE DUE TO MANUFACTURER SHORTAGES

Lunch Menu

591-2450

| MONDAY CDBG GRANT IN HALL DINING | TUESDAY | WEDNESDAY CDBG GRANT IN HALL DINING | THURSDAY | FRIDAY CDBG GRANT IN HALL DINING |
|--|--|---|---|---|
| 3 Meat Loaf Mashed Potatoes, Green Beans, Dinner Roll, Fresh Fruit, Milk & Juice | 4 Tuscan White Beans w/ Kale and Sausage Grilled Ham & Cheese Sandwich, Garden Salad, Fresh Fruit, Milk & Juice | 5 Lemon Picotta Talapia Rice Pilaf, Mixed Vegetables, Dinner Roll, Fresh Fruit, Milk & Juice | 6 Tuna Sandwich on Sliced Whole Wheat Bread Chips, Cottage Cheese, Sliced Peaches, Milk & Juice | 7 Chicken Tamales Spanish Rice, Beans, Fresh Fruit, Milk & Juice |
| 10 Chicken Pot Pie Glazed Carrots, Garden Salad w/Dressing, Fresh Fruit, Milk & Juice | 11 Stuffed Bell Pepper Dinner Roll, Garden Salad, Fresh Fruit, Milk & Juice | 12 BBQ Chicken Loaded Potatoes, Roasted Corn, Dinner Roll, Fresh Fruit, Milk & Juice | 13 Deli Sandwich Chicken Noodle Soup, Garden Salad, Fresh Fruit, Milk & Juice | 14 Ravioles Garlic Bread, Garden Salad, Fresh Fruit, Milk & Juice |
| 17 Turkey Sandwich Chicken Noodle Soup, Sun Chips, Fresh Fruit, Milk & Juice | 18 Chicken Fajitas Cilantro Rice, Black Beans, Corn, Fresh Fruit, Milk & Juice | 19 POTLUCK | 20 Polish Dog w/Peppers & Onions Chips, Ice Cream Cup, Fresh Fruit, Milk & Juice | 21 Orange Chicken Bowl Broccoli and Rice, Fresh Fruit, Milk & Juice |
| 24 Sheppards Pie Dinner Roll, Garden Salad Fresh Fruit, Milk & Juice | 25 Baked Chicken Macaroni Salad, Corn Bread Muffin, Fresh Green Beans, Fresh Fruit, Milk & Juice | 26 Fish & Chips Cole Slaw, Fresh Baked Biscuit, Fresh Fruit, Milk & Juice | 27 Cheeseburger Potato Wedges, Garden Salad, Ice Cream Cup, Fresh Fruit, Milk & Juice | 28 Beef Stroganoff Steamed Broccoli, Dinner Roll, Fresh Fruit, Milk & Juice |

June

Dinuba Senior Center

ACTIVITY CALENDAR
591-2450

| MONDAY | TUESDAY | WEDNESDAY | THURSDAY | FRIDAY |
|---|---|--|--|---|
| <p>3 BINGO 9A-1030A LUNCH *DINE IN ONLY* 11A-12P MANICURE MONDAY 1P-330P</p> | <p>4 CERAMICS 8A-3P BINGO 9A-1030A LUNCH 11A-1230P LOTERIA 130P-230P</p> | <p>5 BINGO 9A-1030A TOPS 930A-1130A LUNCH *DINE IN ONLY* 11A-12P</p> | <p>6 CERAMICS 8A-3P BINGO 9A-1030A LUNCH 11A-1230P BIRTHDAY CLUB & LOTERIA 1P-230P</p> | <p>7 LOTERIA 9A-1030A LUNCH *DINE IN ONLY* 11A-12P</p> |
| <p>10 BINGO 9A-1030A LUNCH *DINE IN ONLY* 11A-12P CRAFT, COFFEE, & CONVERSATION 130P-330P</p> | <p>11 CERAMICS 8A-3P BINGO 9A-1030A BLOOD PRESSURE W/AURORA 10A-1130A LUNCH 11A-1230P LOTERIA 130P-230P</p> | <p>12 BINGO 9A-1030A TOPS 930A-1130A LUNCH *DINE IN ONLY* 11A-12P</p> | <p>13 CERAMICS 8A-3P NO BINGO HOLIDAY LUNCH 1030A-1230P</p> | <p>14 LOTERIA 9A-1030A LUNCH *DINE IN ONLY* 11A-12P</p> |
| <p>17 BINGO 9A-1030A LUNCH *DINE IN ONLY* 11A-12P MANICURE MONDAY 1P-330P</p> | <p>18 CERAMICS 8A-3P BINGO 9A-1030A LUNCH 11A-1230P LOTERIA 130P-230P</p> | <p>19 BINGO 9A-11A TOPS 930A-1130A POTLUCK BRING FAVORITE DISH 1130A-1230P</p> | <p>20 CERAMICS 8A-3P BINGO 9A-11A LUNCH 11A-1230P DSC INC PAINT PARTY 130P-330P *SIGN UP NEEDED*</p> | <p>21 LOTERIA 9A-1030A LUNCH *DINE IN ONLY* 11A-12P</p> |
| <p>24 BINGO 9A-1030A LUNCH *DINE IN ONLY* 11A-12P</p> | <p>25 CERAMICS 8A-3P BINGO 9A-11A HEALTH SCREENINGS W/JOAQUIN 1030A-1130A LUNCH 11A-1230P LOTERIA 130P-230P</p> | <p>26 AVILA BEACH TRIP 8A-3P BINGO 9A-1030A TOPS 930A-1130A LUNCH *DINE IN ONLY* 11A-12P</p> | <p>27 CERAMICS 8A-3P BINGO 9A-1030A LUNCH 11A-1230P</p> | <p>28 LOTERIA 9A-1030A LUNCH *DINE IN ONLY* 11A-12P</p> |

FUN FACTS & FUNNIES



What happens to an illegally parked frog?

... It gets toad away.



WHAT DO YOU CALL A PIG THAT DOES KARATE?

A pork chop.

JUNE

BIRTHDAY FACTS!



THE FIRST DAY OF Summer AND THE LONGEST DAY!



MOST Popular Month FOR WEDDINGS.

Pearl BIRTHSTONE SYMBOLIZES Sincerity.



NAMED FOR Juno, ROMAN GODDESS OF Love.



Flag Day



Longest Day of The Year



Most Popular Wedding Month

World Milk Day



JUNE



National Yo-Yo Day

FUN FACTS



Rose



National Papaya Month



Goodbye Spring

Pearl Birthstone

Hello Summer

Father's Day



National Donut Day

Astrology Signs



Gemini Cancer



6th Month of The Year



MADEWITHHAPPY.COM

Why was Cinderella so bad at soccer?

She kept running away from the ball!



Why did the Dalmatian go to the eye doctor?

He kept seeing spots.



JUNE

*June
national days
word search
printable
from Always
the Holidays*

G O F I S H I N G D A Y Y A D
E L P O C Y T E G G D A Y L Y
Y Y S Y O H A N D E D D E K O
E A A A Y D E D E V I M I S Y
W D F D R A T E T E C A N A O
E S E T I N D R S A T R D P D
A R D U R N O E U E E E D O A
R E A N K L I M V C D P N A Y
D H Y O O A K T Y I K A E U Y
A T R C L E G A R H L D Y R J
Y A D O H I D P S A G O A M K
E F S C N O T D A Y M T S Y A
G I M D F B S E L F I E D A Y
A L A U G A Y A D S W O D I W
P Y B L O O D D O N O R D A Y

**COCONUT DAY
JUNETEENTH
LGBT PRIDE DAY
GO FISHING DAY
VCR DAY
COLOR TV DAY
MARTINI DAY**

**SELFIE DAY
EYEWEAR DAY
YOYO DAY
REPEAT DAY
UFO DAY
BLOOD DONOR DAY
GIN DAY**

**FOOD TRUCK DAY
FATHERS DAY
EGG DAY
WIDOWS DAY
CHEESE DAY
OLIVE DAY
SAFE DAY**

Dinuba Senior Center
437 N Eaton, Dinuba

Maricela Montoya
Senior Center Coordinator
559-591-2450



MONTEREY BAY

WEDNESDAY, JULY 31ST 2024

\$35 PER PERSON

NO REFUNDS

**LEAVING: 6:30AM
RETURNING: 5:00PM**

OPEN TO THE PUBLIC

RESERVE YOUR SEATS TODAY! SPACE IS LIMITED!

CHECKS MADE PAYABLE TO:

ELITE CHARTER



You will be dropped off by Fisherman's Wharf; where you can walk the boardwalk, browse the shops, stroll along the beach or simply just enjoy a seafood meal. If you're up for some adventuring, you can hop aboard the free trolley which will take you to Cannery Row and the Monterey Bay Aquarium; where you will find more shops and eating establishments. There will be a stop on the way home at Casa de Fruits.

Monterey Bay Aquarium joins Museums for All beginning May 27, 2024, providing free admission to anyone enrolled in federal food assistance benefits through the Supplemental Nutrition Assistance Program (SNAP), known as CalFresh in California.

Qualifying persons receive complimentary entry for up to four people with the presentation of a SNAP Electronic Benefits Transfer (EBT) card.

Guidelines for visiting the Aquarium through Museums for All follow:

- Valid SNAP/EBT card and a photo ID with matching name required
- Qualifying beneficiary must be present
- No advance ticket purchase necessary
- Admission is valid during all regular Aquarium operating hours; no restricted dates

Dinuba Senior Center
437 N Eaton, Dinuba

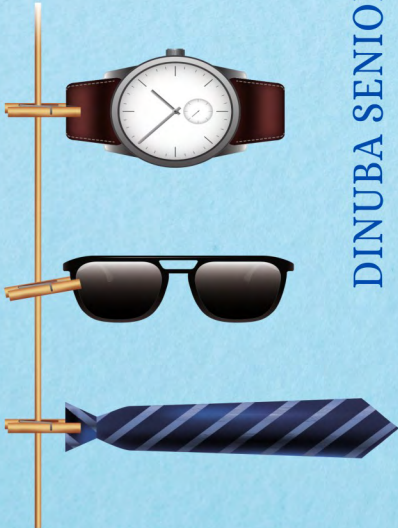
Maricela Montoya
Senior Center Coordinator
559-591-2450



Lo dejarán en Fisherman's Wharf; donde podrás caminar por el malecón, recorrer las tiendas, pasear por la playa o simplemente disfrutar de una comida de mariscos. Si le apetece una aventura, puede subirse al tranvía gratuito que le llevará a Cannery Row y al Acuario de la Bahía de Monterey; donde encontrarás más comercios y establecimientos de restauración. Haremos una parada de camino a casa en Casa de Fruta. A partir del 27 de mayo del 2024, Monterey Bay Aquarium se suma al programa Museums for All. El programa ofrece la entrada gratuita a cualquier persona inscrita en el programa, Programa de Asistencia Nutricional Suplementaria (SNAP, por sus siglas en inglés), también conocido como CalFresh en el estado de California. Aquellas personas que cumplan con los requisitos recibirán una entrada sin costo para un máximo de cuatro personas al presentar una tarjeta de Transferencia Electrónica de Beneficios SNAP (tarjeta EBT por sus siglas en inglés).

Los criterios para visitar el Acuario a través del programa Museums for All son los siguientes:

- Una tarjeta SNAP/EBT que se encuentre vigente y una identificación con fotografía que coincida con el nombre.
- Es necesario que el beneficiario que cumpla con los requisitos se encuentre presente.
- No es necesaria la compra de boletos de entrada con anticipación.
- La entrada es válida durante el horario normal de operaciones del Acuario, sin ninguna restricción de fechas.



DINUBA SENIOR CENTER

Father's Day Party

RAFFLE PRIZES | FOOD |
GAMES | MUSIC

JUNE **13** 10:30AM-12:30PM

RAFFLE TICKETS \$1 each OR 6 for \$5.

Pre-Order Lunch \$1.50 if you do
not already have a prepaid lunch

Maricela Montoya
Senior Center Coordinator
559-591-2450



DINUBA SENIOR CENTER

Independence Day Party

RAFFLE PRIZES | FOOD |
GAMES | MUSIC

JULY **2** 10:30AM-12:30PM

RAFFLE TICKETS \$1 each OR 6 for \$5.

Pre-Order Lunch \$2.00 if you do
not already have a prepaid lunch

Maricela Montoya
Senior Center Coordinator
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Manicure Monday

6/3/24
1:00pm- 3:30pm
Sign up Needed

6/17/24
1:00pm- 3:30pm
Sign up Needed

Give your Nails a fresh new coat!

We will be using Gel Nail Polish and Curing with a UV heat lamp

Maricela Montoya
Senior Center Coordinator
559-591-2450



Paint Party

June 20th
1:30pm-3:30pm

Sign up and See you there!

SPONSORED BY DINUBA SENIOR CENTER INC.

DINUBA'S FARMERS MARKET
SUMMER CONCERT
SERIES 2024
FREE

PRESENTED BY SUMMER NIGHT LIGHTS

31
 MAY
 5PM-8PM

CLASSIC ALL-STARS
 SUMMER KICK-OFF NIGHT - LIVE CLASSIC ROCK/LATIN MUSIC - INFORMATION BOOTHS -
 FOOD/CRAFT VENDORS - OBSTACLE COURSE - VOLKSWAGEN CAR CLUB - AND MORE

14
 JUNE
 5PM-8PM

CALIFA'S
 FIRST RESPONDERS NIGHT - LIVE VARIETY MUSIC - INFORMATION BOOTHS
 - FOOD/CRAFT VENDORS - INTERACTIVE INFLATABLE - AND MORE

21
 JUNE
 5PM-8PM

THAT LITTLE BAND
 SUPERHERO NIGHT - LIVE OLDSIES MUSIC - INFORMATION BOOTHS -
 FOOD/CRAFT VENDORS - OBSTACLE COURSE - AND MORE

28
 JUNE
 5PM-8PM

WILD HARE
 KIDS NIGHT - LIVE CLASSIC ROCK/LATIN MUSIC - INFORMATION BOOTHS -
 FOOD/CRAFT VENDORS - INTERACTIVE INFLATABLE - AND MORE

12
 JULY
 5PM-8PM

OLD'S COOL
 NOCHE LATINA NIGHT - LIVE LATIN MUSIC - INFORMATION BOOTHS -
 FOOD/CRAFT VENDORS - OBSTACLE COURSE - AND MORE

HOSTED BY CITY OF DINUBAPARKS AND COMMUNITY SERVICES
 @ ENTERTAINMENT PLAZA - 289 SOUTH "L" STREET



Dinuba Senior Center

*Craft, Coffee, &
 Conversation*

Come Join Us!
 We will be making a DIY
 4th of July Clothespin
 Wreath!

Monday, June 10th 2024
1:30pm-3:30pm

Sign up and see you there!

Maricela Montoya
 Senior Center Coordinator
 559-591-2450

Announcements



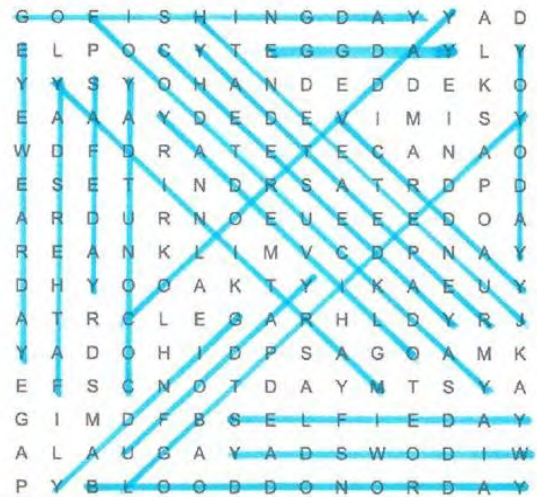
June

| | |
|--------------------|------|
| Isabel Nerio | 6/5 |
| Meri Trevino | 6/9 |
| Adele Badoyen | 6/17 |
| Michelle Cervantes | 6/19 |
| BettyAnn Gomez | 6/20 |
| Nellie Lira | 6/25 |
| JuanaMaria Gloria | 6/26 |
| Martha Czechner | 6/26 |
| Vincent Perez | 6/27 |

Puzzle Solution

JUNE

June
national days
word search
printable
from Always
the Holidays



THANK YOU

Donations:

Reedley SaveMart: Dessert Donation

DSC INC: Paint Party and Mother's Day Party

Vineyards at Fowler: Raffle Basket Sponsor

VOLUNTEERS:

MaryEllen Woodcock, Frank Navarro, Dora Reyes

Pete Yrigollen, and Christine Soto.

REMINDER:

PAID LUNCH needs to be picked up by 1PM same day.

If you are unable to pick up please call and let us know 559-591-2450